

FOR THE SECOND TIME IN THE GULF REGION



Specialized Couple Therapy Help Couples Transform Their Relationship

EXTERNSHIP In Emotionally Focused Therapy (EFT)

What is Emotionally Focused Couple Therapy?

Emotionally Focused Couple Therapy (EFT) is an effective short-term, research-validated approach to couple therapy, developed in the mid-1980's by Dr. Sue Johnson, founder of the International Centre for Excellence in Emotionally Focused Therapy (ICEEFT).

A Humanistic and Process-oriented therapy, EFT is based on John Bowlby's Attachment Theory. It reflects the most recent research on the nature of relationship distress, adult love, and emotion. Emotionally Focused Therapy has revolutionized couple therapy.

It is one of the most empirically supported models of couple therapy, is being taught all over the world and is a must-know model if you are working with couples.

Objectives of the Externship

The Externship which offers 28 contact hours is the first in-depth training designed to help you learn the basic clinical skills required to practice and become certified as an Emotionally Focused Couple Therapist. The program which includes live sessions, theory, clinical techniques and skill training gives you:

- Specialized training in couple therapy
- A clear map for intervening with couples to facilitate lasting change
- An attachment view of couple distress
- Skills to work deeply with emotion
- A meaningful, competence-driven certification process with ICEEFT
- Eligibility for membership in ICEEFT
- A growing international therapeutic community

Who should attend?

Professionals who work or would like to work with Couples and Families, Counselors, Psychologists and Marriage and Family Therapists.

Pre-registration required

[CLICK HERE FOR FURTHER DETAILS](#)

[CLICK HERE TO REGISTER](#)



Evelyne L. Thomas

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Course Location

Dubai, UAE

Course Dates

30th October – 2nd November 2019

Course Timings

8.30am Coffee and Registration
9am – 5pm Training (includes lunch and light refreshments)

Fees

AED 3995 (US\$ 1057)
Discount for early birds

About the Trainer

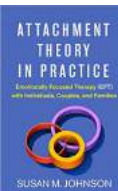
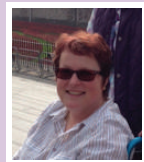
Sandra Taylor

PhD, MBACP (Accred)

Sandra is an ICEEFT Certified EFT Trainer, Supervisor and Therapist.

Sandra is a registered and accredited member of the British Association of Counselling and Psychotherapy (BACP).

Sandra is an experienced trainer, having trained therapists from introductory to degree level in charities, colleges and universities over more than 20 years. Her PhD is in the reciprocal relationship between counselling students and trainers, a subject that continues to inspire her and influence her as a trainer. Sandra is no stranger to the Middle East, as she was assisting on the first Externship in Dubai in November 2017.



All participants will get a free copy of Dr. Sue Johnson's new book Attachment Theory in Practice